



THE KINDSPRING EOWYN CHALLENGE 28-DAY WALKER'S JOURNAL

Name: _____

Middle Earth Name: _____

Walking Goal: _____

Day 1 Total: _____
Journey Total: _____

Day 13 Total: _____
Journey Total: _____

Day 19 Total: _____
Journey Total: _____

Day 2 Total: _____
Journey Total: _____

Day 6 Total: _____
Journey Total: _____

Day 20 Total: _____
Journey Total: _____

Day 3 Total: _____
Journey Total: _____

Day 7 Total: _____
Journey Total: _____

Day 21 Total: _____
Journey Total: _____^{*}

*The 21-Day Challenge is over, but the walk isn't! Keep going. You can do it!

Day 4 Total: _____
Journey Total: _____

Day 8 Total: _____
Journey Total: _____

Day 22 Total: _____
Journey Total: _____

Day 5 Total: _____
Journey Total: _____

Day 9 Total: _____
Journey Total: _____

Day 23 Total: _____
Journey Total: _____

Day 6 Total: _____
Journey Total: _____

Day 10 Total: _____
Journey Total: _____

Day 24 Total: _____
Journey Total: _____

Day 7 Total: _____
Journey Total: _____

Day 12 Total: _____
Journey Total: _____

Day 25 Total: _____
Journey Total: _____

Day 8 Total: _____
Journey Total: _____

Day 13 Total: _____
Journey Total: _____

Day 26 Total: _____
Journey Total: _____

Day 9 Total: _____
Journey Total: _____

Day 14 Total: _____
Journey Total: _____

Day 27 Total: _____
Journey Total: _____

Day 10 Total: _____
Journey Total: _____

Day 15 Total: _____
Journey Total: _____

Day 28 Total: _____
Journey Total: _____

Day 11 Total: _____
Journey Total: _____

Day 16 Total: _____
Journey Total: _____

Journey Total: _____

Day 12 Total: _____
Journey Total: _____

Day 17 Total: _____
Day 18 Total: _____

Grand total: _____
(All walks so far. There are 17 total.)